

Relationships theme (RSE)

Health and Wellbeing theme

Living in the wider world theme

PSHE Curriculum Map

	AUT 1 Diversity is our unity	AUT 2	SPR 1	SPR 2	SUM 1	SUM 2
Nursery	How can I play safely with a friend?	Can I talk about my feelings?	Can I show more confidence in social situations?	Can I share and take turns with others?	How do rules keep me safe?	Can I make healthy choices?
Reception	How can I consider the feelings of others?	Can I identify how I am feeling and why?	Can I talk about my strengths?	How can I solve problems with a friend?	How can we keep safe in and out of school?	What do I need to keep myself healthy?
1	Who is special to us?	What helps us stay healthy?	Who helps to keep us safe?	What can we do with money?	What is the same and different about us?	How can we look after each other and the world?
2	What makes a good friend? What is bullying?		What jobs do people do?	What helps us to stay safe?	What can help us grow and stay healthy?	How do we recognise our feelings?
3	What are families like?	What keeps us safe?	How can we be a good friend?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
4	What strengths, skills and interests do we have?	How do we treat each other with respect?	How can we manage our feelings?	How will we grow and change?	How can our choices make the world a better place?	How can we manage risk in different places?
5	What makes up our identity?	What decisions can people make with money?	How can we help in an accident or emergency?	How can friends communicate safely?	How can drugs common to everyday life affect health?	What jobs would we like?
6	How can we keep healthy as we grow?		What types of relationships are there?		How can the media influence people?	