

Windsor Community Primary School



Relationships and Sex Education (RSE) Policy

September 2025

Policy Statement

At Windsor Community Primary School, we believe that high-quality Relationships Education, alongside age-appropriate Sex Education, is essential to support pupils to grow into safe, respectful, healthy and confident individuals. Our approach puts children's wellbeing, safeguarding and readiness at the centre of all learning.

This policy has been developed in accordance with the Department for Education's statutory guidance on Relationships Education, Relationships and Sex Education (RSE) and Health Education, issued under section 80A of the Education Act 2002 and section 403 of the Education Act 1996. The school has full regard to this guidance in both policy and practice.

Statutory Context

This policy reflects the statutory framework set out in the Relationships Education, Relationships and Sex Education and Health Education Regulations

Aims of RSE at Windsor Community Primary School

Our RSE curriculum aims to:

Promote positive, respectful and safe relationships

Support pupils' emotional wellbeing and mental health

Teach pupils how to recognise and manage risk, including online

Develop age-appropriate understanding of their bodies and personal hygiene

Encourage kindness, respect, empathy and inclusion

Help pupils know where and how to seek help if they feel unsafe

Curriculum Content

At Windsor Community Primary School, pupils are taught:

Families and people who care for me

Different types of families and caring relationships

That families should make children feel safe and loved

Caring friendships

What makes a good friend

How to resolve conflict and seek help

Respectful relationships

Kindness, honesty and respect

The importance of consent and boundaries

Prejudice, bullying and discrimination

Online relationships

Staying safe online

Respectful behaviour in digital spaces

Who to talk to if something makes them uncomfortable

Being safe

Personal boundaries

Safe and unsafe contact

How to ask for help and report concerns

Sex Education

At Windsor Community Primary School:

Sex education is delivered in an age-appropriate and sensitive way

It focuses on:

Preparing pupils for puberty

Understanding physical and emotional changes

Correct naming of body parts, including genitalia, to support safeguarding

Parents have the right to withdraw their child from these sessions, except for statutory science content, in accordance with DfE guidance.

Science Curriculum

As required by the National Curriculum, pupils are taught:

That humans have bodies that grow and change

The basics of reproduction

Life cycles of humans and animals

These elements cannot be withdrawn from.

Inclusion, Equality and SEND

RSE at Windsor Community Primary School:

Reflects the protected characteristics under the Equality Act 2010

Is inclusive of different family structures, backgrounds and cultures

Is adapted for pupils with SEND to ensure accessibility and understanding

Avoids teaching inappropriate or contested content not required in primary education

This reflects DfE guidance on equality, SEND and safeguarded curriculum delivery.

Safeguarding and Child Protection

RSE plays a vital role in safeguarding by enabling pupils to:

Understand personal boundaries

Recognise unsafe situations

Know how and where to seek help

Any disclosures or concerns arising from RSE lessons are handled in line with the school's Safeguarding and Child Protection Policy and Keeping Children Safe in Education.

Working with Parents and Carers

Windsor Community Primary School:

Consults parents when developing or reviewing the RSE policy

Provides clear information about curriculum content

Shares resources upon request

Respects parental views while fulfilling statutory duties

Parents may request to view teaching materials and discuss provision with school leaders, in line with DfE expectations for openness and engagement.

Right to Withdraw

Parents have the right to withdraw their child from non-statutory sex education. Requests must be made in writing to the Headteacher.

The school strongly encourages dialogue to ensure parents are fully informed before making a decision, as recommended in statutory guidance.

Delivery and Teaching Approaches

At Windsor Community Primary School, RSE is taught through:

PSHE lessons – Teaching RSE with Confidence in Primary Schools

Assemblies

Cross-curricular links (e.g. science, computing)

Teaching is:

Age-appropriate

Inclusive

Developmentally sequenced

Delivered by trained staff using approved resources

Monitoring and Review

The effectiveness of RSE is monitored by senior leaders and governors through:

Curriculum review

Pupil voice

Staff feedback

Parent engagement

This policy is reviewed annually or sooner if statutory guidance changes.